KIKO AND THE HAND

COUNCIL OF EUROPE CONSEIL DE L'EUROPE

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This is Kiko.
And next to Kiko you can see Kiko's friend: the hand.
Now you may be thinking, what good is a hand for a friend?
More than you might think.

"Hellodeedo hand! I want to fly but I don't have any wings," Kiko says.

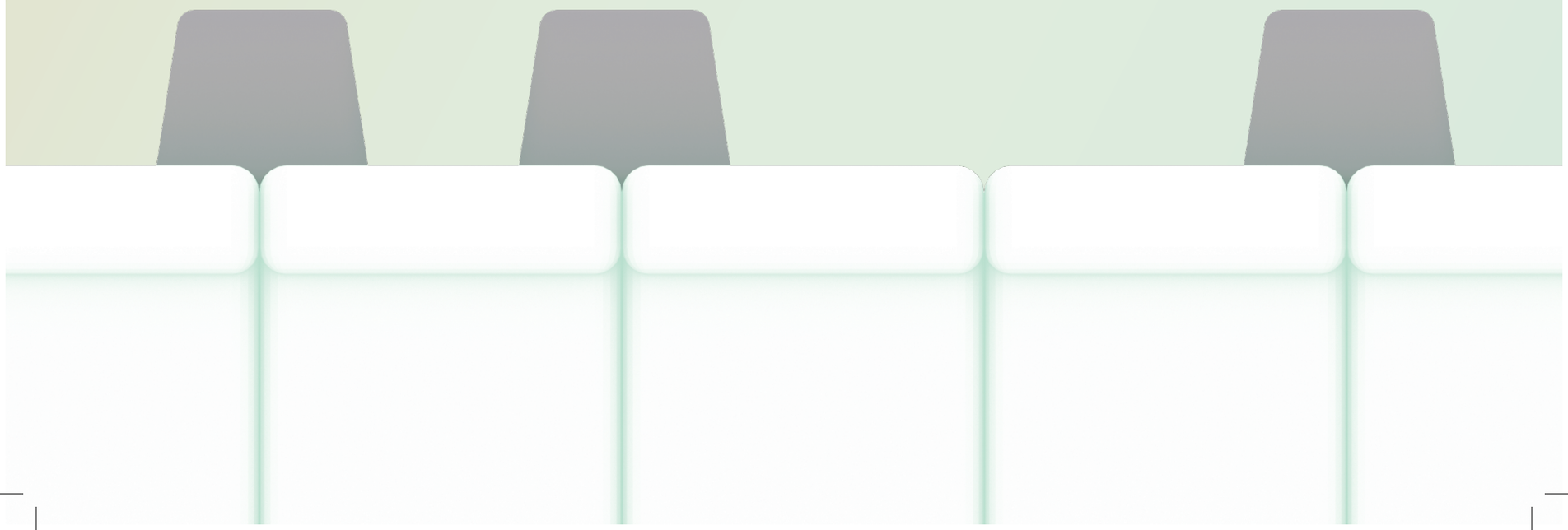
"Okeydokey, Kiko," says the hand.
"I will be your plane. You can board now,
I'm leaving straight away."

WHOOOOOSH, goes the plane.

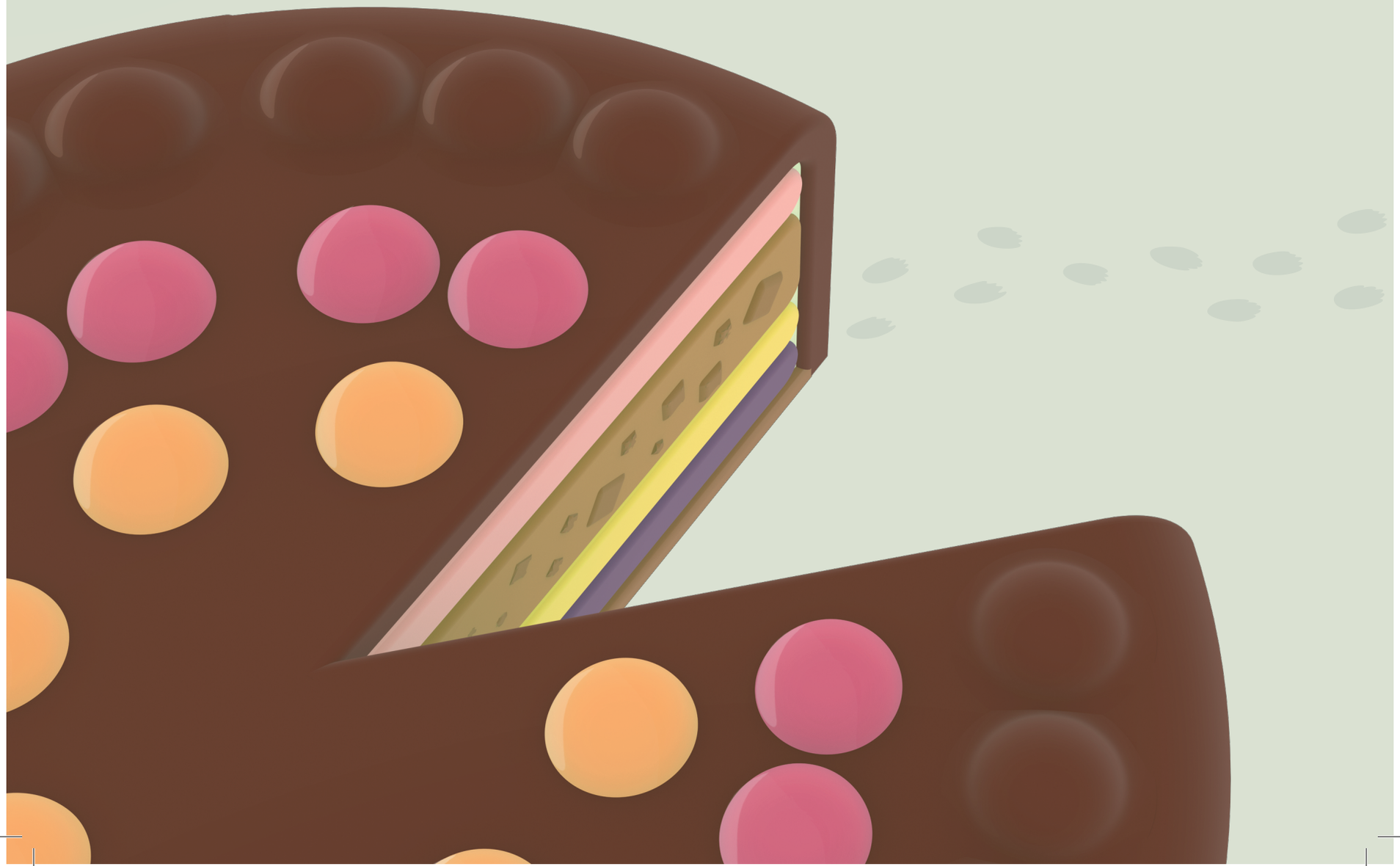
“Hellodeedo hand! My legs want to dance
but I don’t have any music,” Kiko says.

“Okeydokey, Kiko,” says the hand.
“I will be your musician. I’ve got a piano and my
fingers know how to make the keys sing.”

PLING, PLONG, PLING, the piano goes.



"Hellodeedo hand! My belly wants something delicious but I don't know what," Kiko says.



"Okeydokey, Kiko. I'll be your little baker. Would you like an apple pie or a chocolate pie or a liquorice pie or a banana pie?"

"I want an apple chocolate liquorice banana pie!" Kiko shouts.

"YUM, YUM, YUM."

"Hellodeedo hand! I want to play tag but I can't on my own!" Kiko says.

"Okeydokey, Kiko. I'll be your playing buddy," says the hand.

"Can I touch your hair?" the hand asks.

"Yes, of course you can," Kiko says.

"Can I touch your nose?" the hand asks.

"Yes, you can," Kiko says.

"Can I touch your hand?" the hand asks.

"Yes, you can," Kiko says.

"And can I touch you inside your underwear?" the hand asks.

"NO!" Kiko shouts. "YOU CAN'T!"

"Very good Kiko," the hand says.
"It's not a good thing for someone to touch you inside your underwear."

"And if somebody does, tell someone. Don't keep it a secret."

"Hellodeedo hand! I want to travel to dreamland
but I don't know how to get there."

"Okeydokey, Kiko. I will show you the way.
Just lie in your little bed, close your eyes
and you will get there all on your own."

ZZZZZZZZZ, goes Kiko.

This bedtime book explains The Underwear Rule to children. You can read it to your children so they can learn the difference between touching that is okay and that is not. If you want to know more on the subject please go to www.underwearrule.org

This book has been produced by the Council of Europe within its "one in five" Campaign to Stop Sexual Violence Against Children.

Council of Europe campaign **to stop sexual violence** against children

one in **five**
un sur **cinq**

Campagne du Conseil de l'Europe **pour l'élimination des violences sexuelles** faites aux enfants

www.coe.int/oneinfive

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The Council of Europe has 47 member states, covering virtually the entire continent of Europe. It seeks to develop common democratic and legal principles based on the European Convention on Human Rights and other reference texts on the protection of individuals including 150 million children. Ever since it was founded in 1949, in the aftermath of the Second World War, the Council of Europe has symbolized reconciliation.

TEACH YOUR CHILD THE UNDERWEAR RULE
www.underwearrule.org